

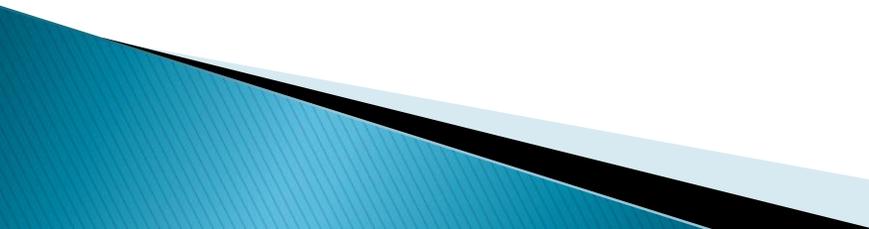
Understanding Specific Needs in Health & Social Care

Understand how health and social care services and systems support individuals with specific needs.

Services for people with specific needs

- ▶ Health, social care; day, residential; education, recreation, transport; access eg. geographical, physical, financial

Services for people with specific needs

- ▶ The individuals with specific needs should be supported for the betterment of the people and the society.
 - ▶ People with specific needs are generally deprived of the common and legal facilities of the society.
 - ▶ The health and social care services available in a certain locality and a place is an important indicator for the assessment of the standard of living in that locality.
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Health Service: Special Needs

- ▶ Health services include all services dealing with the diagnosis and treatment of disease, or the promotion, maintenance and restoration of health. They include personal and non-personal health services.
 - ▶ Health services are the most visible functions of any health system, both to users and the general public. (Who.int, 2016)
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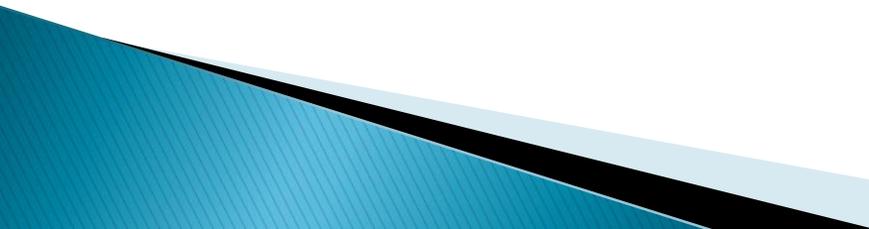
Social Care: Special Needs

- ▶ Social Care concerns itself with helping people live their lives comfortably, particularly those people who require a certain degree of extra practical and physical help.
- ▶ Social care workers endeavour to provide this service of practical support with a view of helping individuals maintain their independence, to increase their quality of life and to help them lead fuller more enjoyable lives.
- ▶ Social care workers often just help out with those everyday tasks that seem small to the average person, but can make a massive difference to someone else's life as well as being a rewarding experience for the carer involved.

(Nisw.org.uk, 2016)



Day Services: Special Needs

- ▶ **Adult day care** programs are supportive services designed to meet the needs of adults with disabilities who have difficulty performing activities of daily living.
 - ▶ These programs provide for adult's physical and emotional well-being through healthcare services, social and recreational activities.
 - ▶ By staying active during the day and returning home in the evening, adults keep a sense of independence and remain close to their families.
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Residential Care: Special Needs

- ▶ **Residential care** refers to long-term care given to adults or children who stay in a **residential** setting rather than in their own home or family home. There are various **residential care** options available, depending on the needs of the individual.
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Education: Special Needs

- ▶ Education is two fold: It can be education for the special need person, education for the carer or education for the general public.

Recreation for persons with special needs

- ▶ Recreation is therapeutic.
- ▶ Recreation/Leisure is that time free from demands of school, work, or required activities of daily living.
- ▶ Everyone needs regular recreation that develops skills, promotes good health, relieves stress, facilitates social interactions, and provides a general joy for living.
(Rifton.com, 2016)

Transport: special needs

- ▶ Availability of ambulances for emergencies
 - ▶ Transportation should have designated seats
 - ▶ Wheel chair ramps
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Access: Special Needs

- ▶ Persons with special needs should have access to care.
 - ▶ Counseling
 - ▶ Personal Development
 - ▶ Financial Assistance
 - ▶ Location: close proximity
 - ▶ Physical layout: ramps etc
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References

- ▶ Nisw.org.uk. (2016). *Social Care – What is Social Care*. [online] Available at: <http://www.nisw.org.uk/socialcare/> [Accessed 18 Oct. 2016].
- ▶ Rifton.com. (2016). *Rifton / Developing Recreation Skills in Persons with Learning Disabilities*. [online] Available at: <http://www.rifton.com/resources/articles/2001/february/developing-recreation-skills-in-persons-with-learning-disabilities> [Accessed 18 Oct. 2016].
- ▶ Who.int. (2016). *WHO / Health services*. [online] Available at: http://www.who.int/topics/health_services/en/ [Accessed 18 Oct. 2016].